

HOURS OF OPERATION FOR PRESCHOOL

8:00 am - 9:00 am	Early Block
9:00 am - 12:00 pm	Daily Program
12:00 pm - 2:00 pm	Lunch Block
2:00* pm - 4:00 pm	Enrichment

*There is a 30 minute rest time at 2:00 pm as required by California State Law for children who attend more than 5 hours.



Strawberry Preschool Mailing Address
PO Box 1012
Mill Valley, California, 94942

Strawberry Preschool Parent Handbook

Information to ensure the safety of
our children and the smooth
operation of the school.



240 Tiburon Boulevard
Tiburon, California, 94920
Tel: 415.388-4437
Fax: 415.388-4009
Pre-k (emergency only) 415.381-3111
www.strawberrypreschool.org

FACILITATING YOUR CHILD'S ADJUSTMENT TO THE NEW AND EXCITING EXPERIENCE OF PRESCHOOL

*** Plan enough time for your child to dress and have breakfast. Try to avoid a "last minute rush" by having lunches prepared, sweaters ready, car keys in place, etc.. It is best for your child to arrive at school feeling relaxed.

*** Dress your child appropriately for school. Growing and learning are a messy business, and dressy, restrictive clothes interfere with a child's freedom to explore new things.

*** Bring your child to school on time. It may be difficult for a child (who is just learning social skills) to come into the program after everyone else is busy at work.

*** Our Early Morning Child Care from 8:00 to 9:00 a.m. is often a quieter, more relaxed time for a reticent child to begin school. At this time, parents may stay for a short while and help their child get involved in activities before the "big day" begins.

*** Arrive on time to pick up your child from school. It may be upsetting for a child to be the last one at school when everyone else has gone home or when your expected time of arrival has passed. (A child may feel abandoned and afraid, and may refuse to come to school for awhile after such an experience.)

*** Please be considerate of everyone by keeping your child home when he or she is not feeling well. A child with a cold, cough, or intestinal upset does not have fun at school... and it is unfair to risk infecting other children.

MONTHLY NEWSLETTERS

Monthly newsletters are packed with general preschool news, information on curriculum themes and projects, important dates and special events. The newsletter is accompanied by a monthly Preschool calendar of morning activities and a child care calendar of afternoon enrichment activities.

Daily and weekly curriculum themes and projects are also announced on the preschool sign-in sheets. A calendar which lists themes and projects for the Pre-Kindergarten is posted on the Pre-K bulletin board.

WELCOME BREAKFASTS

In October, we arrange special Welcome Breakfasts for each group. Parents are invited to come to school between 8:30 to 9:00 a.m. and meet children and families in their child's group.

CONTACT INFORMATION

A Class List with telephone numbers, e-mail information and addresses will be available in October for help with carpools, birthdays and playdates. Please let us know if you do not wish to be included on our roster.

CONFERENCES

Two parent conferences will be offered, first in November, and again starting January to April, depending on your child's age.

VISITS AND VOLUNTEERS

Parents are welcome to visit our school to see "what's happening at school". Please check with your child's group teacher to arrange a visit. Volunteers are greatly appreciated too! Sign up on the Volunteer Calendar, located in the front hall of the Preschool and Pre-K classrooms.

QUESTIONS AND CONCERNS

Please address any questions or concerns by telephoning the Director before or after the school session, as there is not much "quiet" time to have any adult discussion during the busy morning.

CURRICULUM

Our Project Approach includes a wide range of topics which appeal to children. Science, art, music, and movement activities help the children experience "hands-on" learning and developmentally appropriate exploration of a theme. We welcome parent ideas and suggestions for our curriculum projects.

NUTRITIOUS SNACKS

We provide daily snacks in the morning and in the afternoon. Snacks may include crackers, cereal, cut-up vegetables or fruit and water to drink, and are organic when possible.

BIRTHDAY TREATS

We love to celebrate birthdays at school, but we aim for healthy treats. Parents may bring muffins, bagels, fruit slices or fruit breads as treats for the class. Please check with us before bringing a treat - to avoid duplication of celebrations and to have the appropriate number of servings. Please bring only enough for your child's group. We ask that it be something small so that it will not spoil a child's appetite for lunch.

LUNCHES

Children who choose to stay for lunch bring their own lunches in a lunch box. Nutritious lunches give children energy and begin a lifetime habit of healthy eating. Pediatricians advise parents to avoid foods which may cause a child to choke. Please avoid popcorn, nuts of all types, uncooked celery and carrots, hard candy, and hot dogs. Please no candy or drinks in cans or bottles. Help us reduce waste by putting snacks and food in reusable containers and this will get closer to our goal of "trashless lunches."

PEANUT-FREE SCHOOL

Due to a few severe peanut allergies among our students, we do **not allow any peanuts or nut products** of any kind in our school. Please avoid peanut butter or peanut oil products in lunches or treats brought to school for any occasion. Acceptable alternatives to peanut butter may include sunflower butter or soy butter.

PHONING SCHOOL

Our main telephone number is 415-388-4437. We have an answering machine on for those times when all of the teachers are occupied with children. We check messages often throughout the day. If there is an emergency, you can reach us directly by calling the Pre-k number at 415-381-3111 (8 am to 1 pm only). The message is also turned on after school is closed, so that you may leave a message at any hour of the evening or weekend.

ILLNESS

If your child is sick, please keep him or her at home. Illness includes a cold, cough, intestinal upset, fever or contagious disease. We will call you or authorized persons to take your child home if he or she becomes sick at school. A child may not return to school within 24 hours of an abnormal temperature. Your child should return feeling well and completely non-contagious. We want to maintain a healthy school setting for all.

EXPOSURE TO ILLNESS

You will be notified of exposure to contagious diseases or conditions. Notices will be posted on the sign-in sheets and sent home with each child.

TOILET TRAINING

Children who attend Strawberry Preschool must be toilet trained. Occasional "accidents" are expected, especially when children are adjusting to the school setting. We have extra clothing for this contingency. Should a child be continually wetting or soiling him/herself, staff may ask the parents to withdraw their child until toilet training is fully accomplished.

HEAD LICE

Children who have indications of head lice infestation will be sent home from school and may not be re-admitted until treatment is complete and child is "nit-free".

SIGNING IN AND OUT

As required by State Licensing Codes, the adult bringing or picking up a child to school must sign their name (the adult's name) using their first initial and entire last name. The Sign-In sheet will be available in the drive-up line at the preschool or in the entrance halls of the Preschool and Pre-K classrooms.

AUTHORIZED PICK-UPS

We will only release your child to persons authorized by you on the emergency information cards and by a written message prior to pick-up. In an emergency, a phone message concerning a change in pick-up plans may be acceptable. However, in such a situation, we will ask for identification of persons previously unknown to the school's staff.

PARKING

Parking can get crowded, especially at 9:00 am. Please do not park in any spaces marked "For Church Staff Only" as they are NEVER to be used by the preschool. If you are walking in, please use the side gate. The front door is only to be used for drive-ups. Never leave unattended children in your car to walk another child in. Please observe all stop signs and speed limits in and out of the parking lot.

DRIVE-UP SYSTEM GUIDELINES

Our drive up system is designed to safely and efficiently escort each child into school.

Preschool: Please drive to the front door very slowly through the parking lot (3 to 5 mph). A teacher will greet each child and bring them into school. Our drive-up is available in the mornings from 9:00 am to 9:15 am. The same procedure applies for pick-ups. A teacher will bring your child (or carpool group) to your car and help load their belongings into the car. Please stay in your car and pull forward to buckle your child in -- this keeps the line moving faster. Please turn off cell phones. The drive-up line ends at 12:15 and 2:15 for afternoon pickups. Otherwise, please park your car and walk in. We appreciate your patience during busy times, as we do this as quickly and safely as possible!

Pre-K: We ask Pre-K parents to park and walk their child into school for morning drop-off and 12pm pick up. If your child stays for aftercare, or 4pm, you may use the drive-up system at 2pm or 4pm.

LABEL BELONGINGS

We love to see labels on clothing, lunch boxes, thermos bottles and tops, books, blankets and any other items brought from home.

CLOTHING

We recommend comfortable and carefree clothes for children. We encourage children to wear smocks in the art room, but be prepared for messy clothing anyway. Paint just has a way of creeping under smocks and onto shoes and sleeves!

SHOES

Our first concern at Strawberry Preschool is your child's safety. Always dress your child in appropriate shoes for climbing, running and riding. Children need to wear shoes that have rubber-soles that tie or velcro securely. Please avoid: Cowboy boots, rain boots, Uggs, Jellies, Crocs, Moccasins, Party Shoes, Clogs, and Flip-Flops. Sturdy sandals with rubber soles that have straps with buckles or velcro are fine. Boots of any kind prevent children from climbing safely.

Sometimes your child may insist on wearing their special shoes to school. (such as Rain Boots on rainy days). Wearing them to school is fine, but please bring a change of shoes for play. We will help them change into safe shoes before their play begins. Also, please do not bring umbrellas to school. They are not safe.

TOYS

Any toys brought from home work against your child's overall adjustment, so please do not bring them to school. Toys get lost, taken by others, and distract your child from the wonderful learning equipment at school.

However, if your child will be staying for a rest, a doll or teddy bear is fine. Do send in books, cds, and "special treasures" related to our themes because we can all share them at Circle Time or Group Time and they will enhance the program.

PRESCHOOL GOALS

We strive to provide your child with enriching, stimulating and enjoyable experiences in all areas of child development involving social, emotional, behavioral, physical, sensori-motor, cognitive and creative growth. Enhancement of your child's self-esteem is our primary goal. We hope each day will be wonderful, fun and fulfilling for your child!

POSITIVE BEHAVIOR

Preschool is a time to develop social skills of sharing, taking turns, expressing feelings sensitively, listening to friends and teachers, and following directions and routines.

Misunderstandings, conflicts, and a certain amount of misbehavior is normal and expected. Our teachers use a positive approach to discipline, explaining and modeling appropriate behavior.

Occasionally, a child's behavior at school may endanger his or another child's safety. If this occurs, the parents will be called and the situation will be discussed. If the situation warrants, the child may be asked to leave for the remainder of the day. If the misbehavior continues, please refer to the school's Policy Manual for detailed steps that will be taken.

UPSET AND UNHAPPY CHILDREN

If a child becomes upset at school and cannot be calmed by a teacher, parents will be telephoned and requested to come to school to help their child feel better. A teacher will always be close by to comfort a distressed child, but there are times when only a mom or dad will do!

RESPECT FOR CHILDREN AND THEIR FAMILIES

We expect parents to be respectful of others in our school community by avoiding gossip and being respectful of diverse parenting styles and children's personalities.

BOARD OF TRUSTEES

Our Parent Board of Trustees welcomes comments, suggestions, questions, and volunteers! Each parent is automatically a member of the Strawberry-Tamalpais Preschool Corporation. As such, parents are expected to attend the annual Board Meeting held in the spring, vote for new Board Members, and observe the Board Policies as pertain to parents. The Policy Manual is available in the Preschool Office and parents are invited to read it at their leisure.

FUNDRAISING

Strawberry Preschool has two fundraisers. Our Annual Fund Campaign begins in November. The donations allow us to provide the children with music and science specialists, new equipment and facility improvements. We encourage parents to sign up for our Escript program, as an easy way to earn additional funding for the school.

PRESCHOOL EVENTS

Strawberry Preschool hosts several events for families throughout the year which include a Back to School Night in the Fall, Halloween Family Picnic, Thanksgiving Feast Days, Spring Open House, and end of year picnics. Parents will be notified of these events in the newsletter and special flyers.

BABYSITTING

To maintain a professional student/teacher relationship, and for insurance liability requirements, teachers and staff of Tamalpais-Strawberry Preschools are **prohibited** from working for families currently enrolled at the preschools in a capacity in which the teacher is solely responsible for the enrolled child (i.e. babysitting, chauffeuring, etc.).

CALENDAR

Strawberry Preschool runs from September to June, and also offers a summer program in June and July. We try to follow the local public school calendar as much as possible, with respect to holidays and staff in-service days.

